



Department of  
Student Affairs  
Liberating the Soul for Well-being & Flourishing



# STUDENT WELLNESS

IN COLLABORATION WITH

## RECOVERY WALK CAPE TOWN

### SWS RECOVERY WALK

**TUESDAY**  
**SEPTEMBER 23RD**

TIME: 13:00PM

VENUE: JAMMIE PLAZA  
UPPER CAMPUS

*Join us as we walk in solidarity, raising awareness and celebrating recovery from addiction and mental illness. This is a powerful prelude to the main recovery walk next month, offering a chance to stand together—open, hopeful, and stigma-free. Details will be provided at our walk.*

WALK THE WALK  
IN **PURPLE**,  
**GREEN**, OR  
WHITE—COLORS  
OF HOPE,  
HEALING, AND  
SOLIDARITY!

